

# AIKIDO SEMINAR



Hinode Dojo

welcomes

**Ron Christenham Sensei**

6<sup>th</sup> Dan Aikikai

Aikido of Hawaii International

**October 12, 2019**

\$50 per person/\$75 per family  
All styles and skill levels welcome.

**Lunch Included (pre-registration required)**

**Location:** A.V. Sorensen Community  
Center

4808 Cass St. Omaha, NE 68132

**Please use the west parking lot and  
the west door nearest the street.**

**Questions and Pre-Registration**

**Phone:** 402-578-9873 (text)

**Email:** [lyle@hinodedojo.com](mailto:lyle@hinodedojo.com)

## Schedule

8-9 am – Registration and Warm-up

9-10 am – Demonstrations

10-12 – Instruction

12-1 pm – Lunch

1-5 pm – Instruction

5 pm – Closing and Clean-up

Schedule Subject to Change